

Love and Intimacy Workshop

June 4-5, Sat/Sun, 9-5 pm, Austin, \$280/person (Saturday only \$160)
Free evening Friday, June 3, 7-9 pm



Are you ready to experience a miracle in your relationship? Join with others who are taking love, intimacy and sensuality to the next level. If you desire to move past the barriers that keep you apart, fearful and in judgment...you are ready!

- **Enjoy** playful and powerful exercises in which you express your joy, depth and vulnerability.
- **Explore** being your authentic self and discover just how attractive and sexy your truth is!
- **Engage** with others while staying connected to yourself.
- **Experience** what comes up in each moment with calm and curiosity.
- **Examine** your beliefs about love and intimacy and discover your limitations around fully expressing and receiving pleasure.

What will I learn?

You will deepen your love for yourself and others. You will take home new skills to cultivate more honesty, joy, and intimacy (in-to-me-see) with your self and others.

Who will be there?

Meet others who, like you, choose to explore life and sensuality in safe, conscious, and spontaneous ways.

Why Now?

You are it! You are the creator of your own life experiences. Life is happening NOW. Why not have the life you absolutely love and adore?



What are the details?

To register go to www.paypal.com and deposit \$280/person (or \$160 for Saturday only) in verweyn@pacbell.net (Cigna or BCBS insurance accepted for practical payment.) Call Nicole for more info at 512-670-3955. Friday is open to everyone for free.

Love and Intimacy Retreaters from last June's retreat said:

- "It was the best weekend of my life; I feel an innocence and playfulness return to my relationships."
- "I let down my barriers and let my wife into a place that I had never experienced in our fifteen years of marriage."
- "I fell in love with my partner in new intimate ways."
- "My body changed. Since the workshop my doctor said my heart rate went from 80 to 65. I'm a new person."
- "After the workshop when I had knee surgery, I fell in love with everyone in rehab."
- "It was amazing to experience trust, support and love build up so quickly between people."

Meet Your Facilitators

Nicole Verwey, Licensed Psychotherapist, Certified Professional Life Coach and Relationship Expert, teaches people through play and coaching "How to Win the Love Game" and "Mindful Eating". (512) 670-3955 www.whatyousaycounts.com



Charla Hathaway, CSB, ACS, intimacy coach and author has helped thousands enjoy juicier relationships by showing them new ways to touch, talk and play. She's the best-selling author of **Erotic Massage**, and **8 Erotic Nights: Passionate Encounters**. Charla's teachings will be featured in a Discovery Channel documentary this spring. (512) 626-5037, www.BodyJoy.org